

The Westgate Lower School Extra-curricular activities SPRING Term 2020

At The Westgate Lower School we are very proud of our vast range of extra-curricular clubs, both before school and after school. Please see below the details of these clubs. If your child is keen to join in one of our clubs, please contact the club provider directly, or Michelle Sweet in the Lower School reception for more details.

Day	Club	Year group	Time	Location	Leader	Cost	Contact details
Monday	Fencing	Year 3 /5	8-8.45am	Lower School Hall	Jon Mann	£6 per session	jdsportscoach- ing@gmail.com
Monday	Netball	Year 4 / 5	15.20 - 16.20	Lower school courts	Helen Stockting	£30 per term	Helenstock- ting74@gmail.com
Monday	Mandarin	All	15.20 – 16.20	Lower School	Charlene Hill	£10 per lesson paid half-termly	Charlene0109@gmail.com
Monday	Football	Year 1	15.20 - 16.20	Lower school meadow	Saints football foundation	£3.50 per week. Payable termly on saints web- site	Contact Saints Foundation 0845 688 9370
Tuesday	Gymnastics	Years 3-5	8-8.45am	Upper school gym	Sarah Pawsey	N/A	spawsey@west- gate.hants.sch.uk
Tuesday	Street dance	All	15.20 - 16.20	Lower School Hall	Integr8 dance	£5 per session, paid termly	Integr8 dance 01962 808398 www.integr8dance.com
Tuesday	Gymnastics	Year 3-5 Invitation only	15.20 - 16.30	Upper School Gym	Sarah Pawsey	N/A	spawsey@west- gate.hants.sch.uk

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Tuesday	Netball	Year 3- 4	15.20-16.20	Lower School Court	Zoe Biddlecombe	£30 per term payable to coach	zbiddlecombe@westgate.hants.sch.uk
Tuesday	Football	Year 2 and 3	15.20-16.20	Lower school Meadow	Saints football foundation	£3.50 per week. Payable termly on saints website	Contact Saints Foundation 0845 688 9370
Wednesday	Yoga	Years 3-5	8-8.45am	Upper school gym	Jo Lamaison	£6 per session	joannalamaison@outlook.com
Wednesday	Karate	All	8.00 - 8.45	Lower School Hall	USKO	£6 per session paid half termly. £20 licence fee yearly. £35 membership includes suit	contact USKO directly 07969 757911 rachel@usko.org.uk
Wednesday	Birdhouse design	All	15.20 - 16.20	Lower School	Birdhouse design	Approx £7 per session. Paid half-termly	Contact Birdhouse Design 07766 735328 designclub@birdhouse-studio.co.uk
Thursday	Karate	All	8.00 - 8.45	Lower School Hall	USKO	£6 per session paid half termly. £20 licence fee yearly. £35 membership includes suit	<u>rachel@usko.org.uk</u> 07969 757911
Thursday	Multi-skills	Yr 1 and 2	3.20-4.20pm	Lower school playground	Jon Mann	£30 per term	jdsportscoaching@gmail.com
Thursday	Squash Tennis	Years 3-5 Years 3-5	15.20 - 16.20	Lower School KS2 playground and US sports hall	Winchester rackets and fitness club coach Alison Beard Ali King	£30 per term	Contact Mrs Pawsey <u>spawsey@westgate.hants.sch.uk</u> payment goes to Winchester Racquets and fitness

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Thursday	Dance Starz	Years 3&4	15.20 - 16.20	Lower School Hall	Melissa Starbuck	£6 per lesson paid termly	Contact Melissa directly 07840 540991 missmelissa@starzball-et.com
Thursday	Mandarin	All	15.20 - 16.20	Lower School	Charlene Hill	£10 per lesson paid half-termly	Contact Charlene Hill directly charlene0109@gmail.com
Thursday	Football	Years 4	15.20 - 16.20	KS2 meadow	Saints football foundation	£3.50 per week. Payable termly on saints web- site	Contact Saints Foundation 0845 688 9370
Friday	Dance Starz	Years R,1 & 2	15.20 - 16.20	Lower School Hall	Melissa Starbuck	£6 per lesson paid termly	Contact Melissa directly 07840 540991 missmelissa@starzball-et.com
Friday	Football	Year 5	15.20 - 16.20	KS2 meadow	Saints football foundation	£3.50 per week. Payable termly on saints web- site	Contact Saints Foundation 0845 688 9370
	Girls only	Years 2-5					