



Westgate Sports News



Success stories:

Several Westgate pupils have excelled not just within school, but also on a much larger scale:

- * Georgia Barker has yet again become Hampshire Champion for Table Tennis.
- * Harry Birch came 2nd in the Regional Table Tennis finals.
- * Tom Ley achieved a bronze medal in an international Badminton tournament in Slovenia.
- * Matt Dean, Eden Royall and Tom Jennings have been selected to join London Irish rugby training squad.



* Sam Jones (left) took part in the U15 European Badminton Championship in Kazan, Russia. He went with the England team, and although no medals this time he played well against the best in Europe.

A Perfect Performance:

The year 9 netball team played Kings in January; a game that had never been won by Westgate before. The first 3 quarters saw a very close scoreline. Westgate stayed very composed, and with a last minute goal, went on to win the match by one! Well done to all, a brilliant result!



Calling all Cricketers!

Sparsholt Cricket club welcomes all new players, with indoor training starting from the 22nd January:

-Under 9s for years 3 & 4 Friday evenings 5.30-6.30pm Henry Beaufort School

-Under 11s for years 5 & 6 Monday evenings 6.30-7.30pm & 7.30-8.30pm Henry Beaufort School

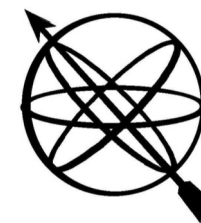
For more information or to come for a free trial session, please contact Helen Ley jimhelen.ley@gmail.com.

Rock Challenge 2018

On Wednesday 21st February, 100 pupils competed in the Southern Region Rock Challenge competition, with a stage crew of an additional 20 pupils. This year's dance was based on equality, to commemorate 100 years since women earned the right to vote. The dance included sections about the suffragettes, women earning equal pay to men, the first female Prime Minister as well as women being allowed to fight on the front line. A huge congratulations to the pupils, who came 3rd place and also picked up awards of excellence for stage crew, choreography, performance skill, entertainment and costume. Thank you to all pupil helpers involved, and to all staff members who gave up their time to make the event such a success, especially Miss Pompa who choreographed and led the whole event so well!



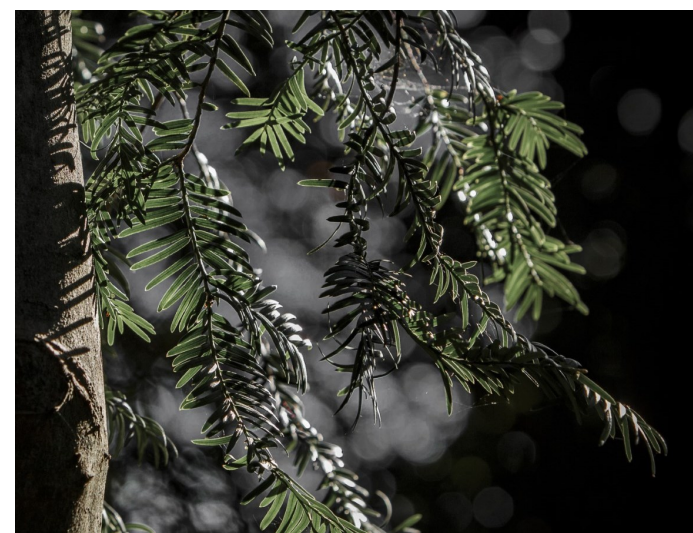
The Gate



Celebrating a year since our first edition!

The gateway to news and events which make our school so great!

February 2018



House Calendar Competition Winner: Millie Judd

Current House Positions

1st  8489

2nd  8442

3rd  8407

4th  8158

Congratulations to 7W1 HHU, 8A1 ASA, 9F2 MSA, 10A1 BMA, 11A2 SPO for being the highest merit scoring tutor groups.

We Will Rock You!

The casting for the next school production has taken place. We Will Rock You will be performed on the 25th, 26th, 27th and 29th of June 2018. The musical is based on the songs from British rock band Queen and tells the story of a group of Bohemians who struggle to restore the free exchange of thought, fashion, and live music in a distant future where everyone dresses, thinks and acts the same. Due to such a high standard of pupils auditioning, roles have been shared so each pupil will perform for 2 out of the 4 nights. The following pupils will be playing the lead roles:

Killer Queen: Tiger-Lily Jonathan / Cerys Prince Raynor

Meat Loaf: Elise Herbert / Kizzy Rowland-Stevens

Scaramouche: Iris Roffey / Bella Donald

Britney Spears: Sam Hickley / Chiron Leather

Galileo Figaro: JJ Hemming / Ben Robinson

Khashoggi: Jake Griffiths / Nick Lushnikov

Pop: Jed Davies / Will Davies

Teacher: Megan Bucknall / Jess Trinder.

Well done to Iris and JJ who are in year 7 and have main parts!






Help for the Homeless

The charity group have been busy organising a collection of hat scarves, socks and gloves for the homeless in Winchester. They have also been spending breaks and lunches selling sweets and popcorn to raise money for Trinity House. It's such a valiant effort by all members of the team, and really warming to see such kindness happening within our school. If you'd like to get involved, please speak to Jacob Clements, Amber Moffatt, Skye Patterson and Alina Molinafor more information.



Internet Safety Week

Last month saw the National Internet Safety week, aimed at promoting the safe and positive use of digital technology for children and young people. We'd like to remind all pupils about the following ways to use the internet and social media sites safely:

-  Do not install or download software without checking with your parents.
-  Do not post inappropriate pictures of yourself or of anyone.
-  Do not text or post anything you wouldn't tell a person face to face.
-  Never respond to mean or rude texts, messages or emails.
-  Never share your password with anyone.
-  Never send personal information through mobile apps.
-  Report anything that makes you feel uncomfortable online to a teacher or your parents.
-  Never meet in person someone you first met on the internet.
-  Use the privacy settings of social networking sites.
-  Be a good citizen and don't do anything against the law.

"If you go down to the woods today..."

Year R have enjoyed Forest Learning in the new Field Forest area. We explored the terrain, spotted signs of spring and wildlife before beginning to make our own dens. In the Meadow Forest area, we have been acting out the Three Little Pigs story and building our own houses investigating how strong a home of sticks can really be.



Snapchat

...defined and dethroned.

What is Snapchat?

Snapchat is a **PHOTOSHARING** application where users can send photos to friends, acquaintances or even **PERFECT STRANGERS**. The user can choose how many seconds the photo will be visible until it **SELF DESTRUCTS** (from one to ten seconds, maximum).

So, what's the big deal?!

Because of the self-destruction design of the app, users think it is a safe medium to send nude and semi-nude pictures. And with the majority of the users of Snapchat being teens and tweens, this creates a huge problem, exposing young people to the dangers of sexting.

The CEO Evan Spiegel has said that this app was not created with the intention of sexting, but teens will be teens...

THE STATISTICS:

- 30** times Snapchat is used every single day **MILLION**
- 20%** of teenagers that have sent nude or semi-nude images via cellphone or online.
- 4th** Snapchat is the most popular free iPhone app!
- ONE in SIX** teens have received nude or semi-nude photos via text message.
- 1,000** photos sent EVERY second on Thanksgiving day alone

THINK before you snap.

HEY! There are many ways users can prolong the life of a picture that is sent via Snapchat. Users can take a screenshot of the image that you are sending (you will be notified) or they can take a picture with a camera or another phone.

Short Term Consequences

- Unintended people seeing your photos
- Humiliation at school
- Suspension or expulsion from school
- A bad reputation

Long Term Consequences

- The image going viral
- Denial of college admission or job prospects
- Conviction and jail time
- Possibly registering as a sex offender for life
- Restrictions on living situations

The **BOTTOM** Line

Sending **ANYONE** inappropriate pictures is a **RISK** teens should **NOT** take. Even with the built in safeguards that Snapchat has, there are still ways for people to spread and keep a permanent copy of pictures that could **RUIN** a reputation.

Food for Thought

Mrs Schellens and Mrs Mellor have been overwhelmed by the quality of food that has been produced in GCSE Food Preparation and Nutrition exams this week. The exam board challenged them to three dishes to be prepared, cooked and served in three hours. We have had tasty soups, focaccia, pitta bread, lasagne, moussaka, boeuf bourginon, steak, fish, chocolate eclairs, baklava, tiramisu, apricot frangipane, to name but a few of the most delicious dishes. Year 11, well done we are very proud of you.



Ski Trip

Over half term, 43 year 10 pupils went skiing in Austria. Each day we would travel to the resort, get kitted up and enjoy a day on the slopes, stopping for lunch at a restaurant. We were split into groups based on our experience and ability; everyone improved greatly and by the end of the week even the beginners were going down a few red runs. Each evening after eating our evening meal we took part in après ski activities including watching an ice hockey match and ski show, as well as visiting a local town. At the end of the week some awards were handed out by Andy which generated some laughs. Everyone enjoyed the whole trip (apart from the 24 hour coach journey)!



Alumni

Tristan Cumming, a Westgate pupil from 2005-2010 got in touch through the Alumni programme. He went on to study Law at Oxford and is now on track to become a barrister. When asked what advice he would give to current pupils, this was his response:

My advice is to enjoy your time at Westgate as much as you can and to work hard and focus on doing your best in your GCSEs. These exams real-

Spring Instrumental Music Evening

We have just had our Spring Instrumental Music Evening. Our talented community of musicians performed a wide variety of music: from classical to rock. The performers were: James Pritchard, Eleanor Sermon, Amandine Brown, Jonathan Hemming, Daniel Lean, Amy Rhodes, Katie Peller, Thomas Rymell, Eleanor Griffiths, Evie Kirtley, Ainslie Roensdorf, Jessica Cooke, Emma Bunn, Felix Thomson, Francesca Churchill, Jonathan Peller, Darcie Thomas, Helena Meadows, Lucas McLean, Will Rhodes, and Harriet Thorpe. We also have the following events coming up:

- ◆ Spring Concert in April
- ◆ Samba band may be given the opportunity to play in a Massed Samba Band at the Royal Albert Hall in April (TBC)
- ◆ Theatre Visits for Year 8s, 9s and 10s - to War Horse and Blood Brothers.
- ◆ Year 9s to work with Winchester University Students in Drama exploring the themes of runaways and refugees

ly matter, whether you want to do A-Levels or something else entirely. You should be ambitious and aim high: don't ever sell yourself short. Everyone has special talents and skills and you never know where these will take you. You're young and don't need to know exactly what you'll be doing in the future: but keep your options open, try lots of new things, take up all the opportunities you get at Westgate and be brave!

A lunchtime with Miss Argyle :

Q: What's your favourite meal?

A: Eggs Benedict

Q: What's your favourite film?

A: (For the soundtrack) The Greatest Showman

Q: What famous person would you like to meet?

A: Anne Boleyn

Q: What's your favourite thing about Westgate?

A: The community feel

Q: What's your greatest achievement?

A: Running the London Marathon 2009 (and hopefully 2018). Also raising money for Blind Veterans UK.



Mindfulness Colouring

