

THE WESTGATE SCHOOL

Hampshire's First 4-16 'All Through' School

*"The Westgate School is a community of learners where partnerships inspire success for all:
learning together – achieving excellence"*

Headteacher: Mrs F A Dean, MA (Ed)

Initial Policy date	November 2009	Next scheduled review	October 2021
Governor approved	October 2018	Key person/people	HUS/HLS
Model Policy		Model localised	Yes
Pupil leadership team review		Y / N / N/A	

SEX AND RELATIONSHIPS EDUCATION

What is Sex and Relationships Education?

Effective sex and relationship education is essential if young people are to make responsible and well-informed decisions about their lives. The new PHSE framework will help pupils develop the skills and understanding the need to live confident, healthy and independent lives.

"It is lifelong learning about physical, moral and emotional development. It is about understanding the importance of marriage for family life, stable and loving relationships, respect, love and care.

It is also about the teaching of sex, sexuality and sexual health.

It is not about the promotion of sexual orientation or sexual activity – this would be inappropriate teaching." [Sex and Relationships Education Guidance ref DCFS 0116/2000]

Principles:

Sex and Relationships Education (SRE) within our school aims to provide opportunities for pupils to develop the skills, knowledge and understanding they need to lead confident, healthy, independent lives and become active and informed citizens. In addition we aim to support young people through their physical, emotional and moral development. Information will be delivered in an accepting and honest way, which enables young people to contribute, and as deemed age-appropriate. Parents and carers will be fully informed of policy and practice.

SRE will focus on:

Attitudes and Values

- Learning about the values of family life and stable relationships.
- Learning the value of respect, love and care.
- Exploring, considering and understanding moral dilemmas.
- Developing critical thinking as part of decision making.
- Personal and Social Skills.
- Learning to manage emotions and relationships confidently and sensitively.
- Developing self-respect and empathy for others.
- Learning to make choices based on understanding of differences and with the absence of prejudice.

- Providing opportunities for young people to develop the ability to understand the consequences of their decisions and actions, and to manage conflict.
- Knowledge and Understanding.
- Information about healthier, safer lifestyles.
- Physical development.
- Emotions, relationships and reproduction.
- Information about digital safety and responsibilities.

Organisation and Delivery

The Subject Leader for CPSHE, alongside the Head of the Primary and Secondary Phase are responsible for coordinating the policy and curriculum content. SRE will be taught to all pupils within the school in an age appropriate way.

In the Primary Phase SRE is delivered through the CPHSE curriculum in each class. Plans are adapted to meet the pupils' needs and themes are also taught through cross-curricular topics. Healthy relationships form a core aspect of CPHSE education, beginning with understanding about how to have healthy relationships with family and friends and later learning about adult relationships. Children learn about changing bodies, respect and choices.

In the Secondary Phase it is delivered as discrete lessons in Years 7 and 10 and through the comprehensive tutor programme in all Year groups. Other agencies and visiting speakers are sometimes part of the input into the programme their input being coordinated by the Subject Leader for CPSHE.

Parents have the right to withdraw their children from any SRE that falls outside of the statutory curriculum (Education Act, 1996) - they cannot, however, withdraw from human reproduction as in National Curriculum (NC) Science, for example. Any parents expressing concerns will be invited into school for discussions with the Subject Leader for CPSHE and the Head of the Primary Phase or Secondary Phase (as appropriate.) Should they still decide to exercise this right the school will make provision for the supervision of the child. The parent will be advised that they have an obligation to provide the information at home using information available from the DCSF.

Teachers will answer pupil questions appropriately and using their professional judgement, in line with this policy. There is no expectation that any teacher delivering SRE will automatically answer pupil questions, as this may infringe personal boundaries. However, in this instance, pupils will be advised to talk to their parents, another member of staff, or advised as to where they may be able to access information e.g. helplines, websites, leaflets etc.

Monitoring and Evaluation

Both the policy and classroom delivery will be monitored and evaluated as part of the regular cycle of self-review.

Procedures will include:

- Lesson observations by Senior Colleagues ;
- Feedback to Governing body on SRE education as part of the curriculum review;
- Information evenings for parents
- Evaluation by pupils of the programme focussing on learning outcomes and appropriate delivery;
- Departmental evaluation of the programme linked to individual teacher feedback.
- Parent and pupil survey.

The policy will be reviewed, after consideration of all of the above, at least every two years, and ratified by the full governing body.

References/further information:

- 'Sexting in schools and colleges: responding to incidents and safeguarding young people' (UKCCIS).